

GLUTEN FREE

APPETISERS

NOCELLARA, MANZANILLA & KALAMATA OLIVES (ve) £3.95

CRUDITÉS WITH HUMMUS, BEETROOT BORANI & MOJO ROJO DIPS (v) £4.95

CHORIZO WITH HONEY £4.25

STARTERS

SOUP DU JOUR (ve) £4.95
Soup of the day served with gluten free bread

CHICKEN LIVER & ROSEMARY PÂTÉ £5.95
With clarified butter & pink peppercorns, toasted gluten free bread & Maria's chilli tomato marmalade

GRILLED GOAT'S CHEESE (v) £6.95
On toasted gluten free bread with aged balsamic, caramelised red onions & Jen's beetroot chutney

GAMBAS AL PIL PIL £7.95 / £11.95
7 or 12 King prawns pan fried with garlic & guindilla chillies, served with toasted gluten free bread

GARLIC MUSHROOMS (ve) £6.45
Sautéed field & wild mushrooms with garlic, lemon & parsley on toasted gluten free bread

CHORIZO FRITO AL VINO £5.95
Chorizo pan fried in red wine with garlic, rosemary & thyme, served with toasted gluten free bread

MOULES MARINIÈRES £7.95
Fresh rope mussels, shallots, parsley & garlic in white wine & cream with gluten free bread

PASTA & PAELLA

PAELLA MIXTA £14.95
Chicken, chorizo, king prawns, squid & mussels with piquillo peppers, green beans & peas

VEGETABLE PAELLA (ve) £11.95
Artichokes, piquillo peppers, tomatoes, green beans, garden peas, mixed peppers & courgette

KING PRAWN & CHILLI FUSILLI £12.95
Pan fried king prawns with garlic & red chilli, tossed with fusilli & topped with rocket

FUSILLI CARBONARA £11.45
Fusilli tossed with pancetta, cream & Grana Padano

(v) vegetarian (ve) vegan (n) contains nuts

MAIN COURSES

ROASTED SALMON FILLET £17.95
Saffron potatoes & buttered asparagus with white wine & tomato cream

LEMON CHICKEN MILANESE £16.45
Pan fried lemon chicken, rocket, sunblushed tomato Grana Padano with lemon caper chilli dressing & skin-on fries

ROASTED LAMB RUMP £18.95
Served pink on minted pea purée with rosemary red wine jus & dauphinoise potatoes

SEA BASS FILLETS £16.95
Pan fried with roasted chorizo, cherry tomatoes, red onion, rocket & skin-on fries

SLOW COOKED BEEF BOURGUIGNON £17.95
Pommes purée, pancetta, mushroom & red wine sauce with parsnip crisps & buttered green beans

PAN ROASTED CHICKEN SUPRÊME £16.45
Pommes purée, buttered green beans & wholegrain mustard cream

IBERIAN BELLY PORK £17.95
Slow roast & honey glazed with spinach & chorizo, thyme red wine jus & pommes purée

GREEK SALAD (v) **ADD LEMON CHICKEN** £11.95 / £15.45
Cherry & plum tomatoes, Kalamata olives, cucumber, feta, red onion, oregano & mint with house vinaigrette

MOROCCAN

MOROCCAN CHICKEN (n) £16.95
Slow cooked spiced boneless chicken thighs & vegetables, fattouche salad, flaked almonds, toasted gluten free bread, tzatziki & picked coriander

MOROCCAN LAMB (n) £16.95
Slow cooked spiced lamb & vegetables, fattouche salad, flaked almonds, toasted gluten free bread, tzatziki & picked coriander

MOROCCAN FALAFEL (ve) (n) £14.95
Spiced falafel, slow cooked Moroccan vegetables, fattouche salad, flaked almonds, toasted gluten free bread, hummus & picked coriander

STEAK FRITES

8oz FILLET	7oz SIRLOIN	9oz RIBEYE
£24.95	£18.95	£21.95

All chargrilled & served with grilled vine plum tomato, sautéed flat mushroom, dressed rocket & skin-on fries
Swap to sweet potato fries for £1 extra
Add garlic butter, peppercorn or Canarian Mojo sauce for £1.50

CHARGRILLED KEBABS

HANGING MIXED KEBAB £18.95
Piri-piri chicken, chorizo, lamb rump & sirloin steak

HANGING HARISSA LAMB RUMP £17.95

HANGING PIRI-PIRI CHICKEN & CHORIZO £16.95

HANGING PIRI-PIRI CHICKEN £15.95

HALLOUMI (v) £14.95
With lemon, caper & chilli dressing

All skewered with red onion, courgette & mixed peppers with mixed leaf salad, tzatziki & tomato salsa

SIDES

SKIN-ON FRIES £3.25

SWEET POTATO FRIES £4.25

GRATIN DAUPHINOISE £3.25

POMMES PURÉE £3.25

TENDERSTEM BROCCOLI £3.45

BUTTERED GREEN BEANS £3.25

ROAST MEDITERRANEAN VEGETABLES £3.25

HOUSE SALAD £3.25

DESSERTS

CLASSIC CRÈME BRÛLÉE £5.75
Sugar glazed baked vanilla pod custard

MIXED BERRY & GINGER ETON MESS £6.25
Chantilly cream mixed, crushed meringue, vanilla ice cream, strawberries, raspberries, blueberries & stem ginger

WARM TRIPLE CHOCOLATE BROWNIE £6.45
Triple chocolate brownie, chocolate fudge sauce & vanilla ice cream

WARM FRANGIPANE & RASPBERRY TART (n) £6.45
Served with vanilla ice cream & raspberry coulis

SICILIAN LEMON TART £6.25
With Chantilly cream & raspberry coulis

BAKED VANILLA CHEESECAKE £6.25
With mixed berry compote & Chantilly cream

ICE CREAM £4.95
3 scoops of luxury vanilla, chocolate, pistachio (n), strawberry or honeycomb

RASPBERRY SORBET £4.95
3 scoops served with fresh strawberries & mint

EGO MINIS

MINI DESSERTS WITH ANY TEA OR COFFEE

ALL £4.95

WARM TRIPLE CHOCOLATE BROWNIE

CRÈME BRÛLÉE

MIXED BERRY ETON MESS

ICE CREAM

PRIX FIXE MENU

Mon -Thur until 6pm, Fri & Sat until 5.30pm
All day Sunday

2 Courses £14.95 / 3 Courses £17.95

STARTERS

Soup du Jour (ve)

Garlic Mushrooms (ve)

Grilled Goat's Cheese (v)

Chicken Liver & Rosemary Pâté

Gambas al Pil Pil (£1.50 extra)

MAIN COURSES

Pan Roasted Chicken Suprême, Mustard Cream Sauce*

6oz Rump Steak Frites & Peppercorn Sauce

7oz Sirloin Steak Frites & Peppercorn Sauce (£3 extra)

Pan Roasted Cod Loin, White Wine Tomato Cream*

Roasted Mediterranean Vegetable Fusilli (ve)

*served with seasonal vegetables & new potatoes or skin-on fries

DESSERTS

Classic Crème Brûlée

Baked Vanilla Cheesecake

Chocolate Brownie

Ice Cream