

# LITTLE EGO

UNDER 5s 2 COURSES £7.95



## MAIN COURSES

**BREADED CHICKEN DIPPERS** 128 kcal

**BREADED COD GOUJONS** 152 kcal

**ROAST CHICKEN BREAST** (gf) 226 kcal

*All of the above served with:*

*French fries 163 kcal or new potatoes 35 kcal & Peas 33 kcal or salad 10 kcal*

**SPAGHETTI OR PENNE (or GLUTEN FREE FUSILLI)**

With bolognese or tomato sauce 427 kcal

**MARGHERITA PIZZA** (v)

Tomato, mozzarella & fresh basil 366 kcal

### MAKE YOUR OWN PIZZA

A pizza base with tomato sauce & mozzarella delivered to your table to make your own pizza.

Choose any 2 of the following toppings to add:

Pepperoni / Chicken / Ham / Prawn / Red Pepper  
Mushroom / Sweetcorn

We will then whisk it away to cook

before bringing your pizza back to enjoy! 350 kcal

## DESSERTS

**CHOCOLATE BROWNIE SUNDAE** (gf)

Chocolate brownie pieces, vanilla ice cream, whipped cream, popping candy, chocolate sauce in a chocolate shell 554 kcal

**ICE CREAM** (gf)

2 scoops of vanilla, chocolate, strawberry, pistachio (n) or honeycomb ice cream 337 kcal

**RASPBERRY or PASSIONFRUIT SORBET** (gf)

2 scoops of raspberry or passionfruit sorbet 231 kcal

**WARM TRIPLE CHOCOLATE BROWNIE** (gf)

Chocolate fudge sauce & vanilla ice cream 457 kcal

**FRESH FRUIT** (gf)

Pieces of apple, orange, strawberry & raspberry 176 kcal

## DRINKS

**CAWSTON PRESS JUICE**

£2.75

Apple & pear 54 kcal, apple & mango 54 kcal or apple & summer berries 50 kcal

**FRUIT JUICE**

£2.25

Apple 129 kcal, orange 129 kcal, pineapple 140 kcal or cranberry 55 kcal

## CHILDREN'S SUNDAY ROASTS

A JUNIOR VERSION OF OUR

EGO SUNDAY ROAST PLUS DESSERT

FOR £10.95

**ROAST BEEF**

614 Kcal

**CHICKEN**

604 Kcal

**NUT ROAST**

587 Kcal

*All served with roast potatoes, Yorkshire pudding, roasted carrots & parsnips, mixed greens & homemade gravy*

(v) vegetarian

(ve) vegan

(n) contains nuts

(gf) gluten free

# JUNIOR EGO

OVER 5s    2 COURSES £10.95    3 COURSES £13.95



## STARTERS

### SOUP DU JOUR (ve)

Soup of the day served with fresh bread 553 Kkcal

### CHICKEN LIVER & ROSEMARY PÂTÉ

Toasted bloomer & chilli tomato marmalade (gf\*) 490 kcal

### CALAMARI FRITTI

Paprika floured squid rings, aioli & fresh lemon 337 kcal

### GARLIC BREAD WITH CHEESE

Garlic pizza bread with mozzarella (ve\*) 522 kcal

### AVOCADO HUMMUS (ve) (gf\*)

Carrot, cucumber & toasted pitta bread 143 kcal

## MAIN COURSES

BREADED CHICKEN DIPPERS 192 kcal

170g RUMP STEAK (gf) 175 kcal

BREADED COD GOUJONS 228 kcal

SAUTÉED SEA BASS FILLET (gf) 103 kcal

ROAST CHICKEN BREAST (gf) 226 kcal

SALMON & DILL FISHCAKE 379 kcal

*All of the above served with:*

*French fries 163 kcal or new potatoes 35 kcal & Peas 33 kcal or salad 10 kcal*

### SPAGHETTI OR PENNE

(OR GLUTEN FREE FUSILLI) 420 kcal

MARGHERITA PIZZA (v) 420 kcal

PEPPERONI PIZZA 595 kcal

#### MAKE YOUR OWN PIZZA

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Choose any 2 of the following toppings to add:

Pepperoni / Chicken / Ham / Prawn / Red Pepper  
Mushroom / Sweetcorn

We will then whisk it away to cook

before bringing your pizza back to enjoy! 350 kcal

## DESSERTS

### CHOCOLATE BROWNIE SUNDAE (gf)

Chocolate brownie pieces, vanilla ice cream, whipped cream, popping candy, chocolate sauce in a chocolate shell 554 kcal

### ICE CREAM (gf)

2 scoops of vanilla, chocolate, strawberry, pistachio (n) or honeycomb ice cream 506 kcal

### RASPBERRY OR PASSIONFRUIT SORBET (gf)

2 scoops of raspberry or passionfruit sorbet 347 kcal

### WARM TRIPLE CHOCOLATE BROWNIE (gf)

Chocolate fudge sauce & vanilla ice cream 899 kcal

### STICKY TOFFEE PUDDING

Steamed sponge date pudding, toffee sauce & vanilla ice cream 901 kcal

### FRESH FRUIT (gf)

Pieces of apple, orange, strawberry & raspberry 229 kcal

## DRINKS

### CAWSTON PRESS JUICE

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### FRUIT JUICE

£2.25

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