



GLUTEN FREE

APPETISERS

MIXED OLIVES (ve) 108 kcal	£3.95
HALLOUMI FRIES with SPICY LEMON DIP (v) 483 kcal	£4.95
CRUDITÉS with AVOCADO HUMMUS, TZATZIKI & MOJO ROJO (v) 160 kcal	£4.95
CHORIZO with HONEY 524 kcal	£4.95

EGO SHARING BOARD

Chorizo & halloumi skewers with mojo rojo, spiced lamb köfte with tzatziki, carrot, raisin & orange salad, falafel with avocado hummus, grilled gluten free bread and mixed olives (n) 1741 kcal

£16.95

STARTERS

SOUP DU JOUR (ve) Soup of the day served with gluten free bread 505 kcal	£6.45
CHICKEN LIVER & ROSEMARY PÂTE clarified butter & pink peppercorns, toasted gluten free bread & Maria's chilli tomato marmalade 537 kcal	£6.95
GRILLED GOAT'S CHEESE (v) Toasted gluten free bread with caramelised red onions, aged balsamic & Jen's beetroot chutney 556 kcal	£7.25
GAMBAS AL PIL PIL 7 or 12 King prawns, garlic & guindilla chillies served with toasted gluten free bread 847 kcal / 950 kcal	£8.95 / £12.95
GARLIC MUSHROOMS (v) Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted gluten free bread 493 kcal	£7.45
CHORIZO FRITO AL VINO Chorizo pan-fried in red wine, garlic, rosemary & thyme, served with toasted gluten free bread 776 kcal	£7.25
LAMB KÖFTE (n) Harissa spiced lamb, carrot, raisin & orange salad with flaked almonds & tzatziki 763 kcal	£7.95

GREEK SALADS

TRADITIONAL GREEK SALAD (v) Greek feta from Trikala PDO, cherry, plum & sun blushed tomatoes, Kalamata olives, red onion, cucumber, piquillo peppers, capers, oregano 546 kcal	£14.95
with SPICED LAMB KÖFTE 1076 kcal	£16.95
with ROASTED CHICKEN SUPRÊME 1131 kcal	£17.95
with PAN-ROASTED SALMON FILLET 982 kcal	£18.95

CHARGRILLED KEBABS

All skewered with red onion, courgette & peppers with mixed leaf salad, sour cream and tomato salsa

HANGING MIXED KEBAB 300g Piri-piri chicken, chorizo, lamb rump & sirloin steak 1453 kcal	£21.95
HANGING PIRI-PIRI CHICKEN & CHORIZO 250g Piri-piri chicken & chorizo 662 kcal	£18.95
HANGING PIRI-PIRI CHICKEN 200g Piri-piri chicken 1198 kcal	£16.95
CYPRriot HALLOUMI KEBAB (v) Lemon caper chilli dressing 1007 kcal	£16.95
Skin-on fries 416 kcal	£3.45
Sweet potato fries 636 kcal	£4.45
Halloumi fries with spicy lemon dip 483 kcal	£4.95

PASTA, PAELLA & RISOTTO

PAELLA MIXTA Chicken, chorizo, King prawns, squid, mussels piquillo peppers, tomato, green beans & peas 1288 kcal	£16.95
CHICKEN & CHORIZO PAELLA Piquillo peppers, tomato, green beans & peas 1349 kcal	£15.95
VEGETABLE PAELLA (ve) Artichoke, courgette, aubergine and tomato, piquillo peppers, green beans & peas 912 kcal	£13.95
KING PRAWN & CHILLI FUSILLI King prawns, garlic, red chilli & fresh rocket 826 kcal	£15.95
FUSILLI CARBONARA Fusilli tossed with pancetta, cream & Grana Padano 1299 kcal	£13.95
SMOKED HADDOCK RISOTTO Arborio rice, smoked haddock, petits pois, chives, cream & Grana Padano 1129 kcal	£15.95

STEAK FRITES

All chargrilled and served with grilled vine plum tomato, sautéed flat mushroom, dressed rocket & skin-on fries

200g SIRLOIN 936 kcal	£20.95
225g PRIME RUMP 979 kcal	£19.95
170g FILLET 883 kcal	£25.95
300g SIRLOIN 1110 kcal	£27.95
Swap to sweet potato fries +220 kcal	+£1
Garlic butter, mojo rojo or peppercorn sauce 155 kcal	£1.50
King prawn skewers 134 kcal	£3.95

MAIN COURSES

PAN-ROASTED CHICKEN SUPRÊME Pommes purée, buttered green beans & wholegrain mustard cream 1438 kcal	£16.95
ANDALUCIAN PORK FILLET Wrapped in Serrano ham & served with apricot sherry cream, dauphinoise potatoes and sautéed baby spinach 1140 kcal	£17.95
MOROCCAN FALAFEL (v) (n) Spiced vegetables, carrot, orange & raisin salad with flaked almonds, tzatziki, picked coriander and toasted gluten free bread 706 kcal	£14.95
PAN-FRIED SEA BASS FILLETS Petits pois, diced pancetta, broad beans, spring onions, shredded baby gem, white wine tarragon cream served with crushed new potatoes 1074 kcal	£18.95
ROASTED LAMB RUMP Served pink on risotto verde with thyme red wine jus 1083 kcal	£21.95
LEMON CHICKEN Rocket, sun blushed tomato & Grana Padano, lemon caper chilli dressing & skin-on fries 1168 kcal	£17.45
IBERIAN BELLY PORK Slow roasted & honey glazed with spinach & chorizo, thyme red wine jus and pommes purée 1920 kcal	£18.95
MOROCCAN LAMB (n) Slow cooked spiced lamb and Moroccan vegetables, carrot raisin & orange salad with tzatziki, flaked almonds, picked coriander and toasted gluten free bread 1299 kcal	£18.95
COURGETTE & SWEETCORN FRITTERS (ve) Homemade spiced fritters, carrot, raisin & orange salad, avocado hummus, red pepper tapenade, picked coriander 691 kcal	£14.95

SIDES

SKIN-ON FRIES 416 kcal	£3.45
SWEET POTATO FRIES 636 kcal	£4.45
GRATIN DAUPHINOISE 316 kcal	£3.95
GREEK SALAD 293 kcal	£6.95
HALLOUMI FRIES with SPICY LEMON DIP 483 kcal	£4.95
TENDERSTEM BROCCOLI 106 kcal	£3.95
BUTTERED GREEN BEANS 97 kcal	£3.65
ROAST MEDITERRANEAN VEGETABLES 274 kcal	£3.95
ROCKET & GRANA PADANO 159 kcal	£3.95

EGO MINIS

Mini desserts with any tea or coffee +£2 Upgrade to any liqueur coffee	£5.95
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WARM TRIPLE CHOCOLATE BROWNIE 380 kcal
CLASSIC CRÈME BRÛLÉE 358 kcal
STRAWBERRY & PASSIONFRUIT ETON MESS 244 kcal
CHESHIRE FARM ICE CREAM 308 kcal

DESSERTS

CLASSIC CRÈME BRÛLÉE Sugar glazed baked vanilla pod custard 664 kcal	£6.75
STRAWBERRY & PASSIONFRUIT ETON MESS Passionfruit sorbet, strawberries, crushed meringue & Chantilly cream 418 kcal	£7.95
WARM TRIPLE CHOCOLATE BROWNIE Triple chocolate brownie, chocolate fudge sauce & vanilla pod ice cream 900 kcal	£7.25
SICILIAN LEMON TART Chantilly cream & raspberry coulis 423 kcal	£6.95
WARM FRANGIPANE & RASPBERRY TART (n) Vanilla pod ice cream & raspberry coulis 381 kcal	£6.95
BAKED VANILLA CHEESECAKE Mixed berry compote & Chantilly cream 409 kcal	£6.95
CHESHIRE FARM ICE CREAM One scoop of vanilla, chocolate, pistachio (n) strawberry or honeycomb 506 kcal	£5.95
RASPBERRY or PASSIONFRUIT SORBET 3 scoops served with fresh mint 347 kcal	£5.95

PRIX FIXE MENU

Mon-Sat until 5.30pm

2 Courses £16.95 3 Courses £20.95

STARTERS

Soup du Jour with Gluten Free Bread (ve) 504 kcal
Garlic Mushrooms (v) 493 kcal
Grilled Goat's Cheese (v) 556 kcal
Chicken Liver & Rosemary Pâté 537 kcal
Gambas al Pil Pil 847 kcal +£1.50

MAIN COURSES

Pan-Roasted Chicken Suprême, Mustard Cream Sauce, New Potatoes & Seasonal Vegetables 1160 kcal
170g Prime Rump Steak, Peppercorn Sauce, Skin-on Fries & Grilled Tomato 893 kcal +£2
200g Sirloin Steak, Peppercorn Sauce, Skin-on Fries & Grilled Tomato 936 kcal +£4
King Prawn & Chilli Fusilli 826 kcal
Roasted Mediterranean Vegetable Fusilli (ve) 743 kcal
Courgette & Sweetcorn Fritters (ve) 691 kcal

DESSERTS

Classic Crème Brûlée 664 kcal
Warm Triple Chocolate Brownie 900 kcal
Sicilian Lemon Tart 423 kcal
Cheshire Farm Ice Cream 506 kcal
Baked Vanilla Cheesecake 409 kcal

LUNCH

MON - FRI UNTIL 4PM

STARTERS

£4.95

SOUP DU JOUR (ve)

Soup of the day served with gluten free bread 505 kcal

CHICKEN LIVER & ROSEMARY PÂTÉ

With clarified butter & pink peppercorns, toasted gluten free bread & Maria's chilli tomato marmalade 537 kcal

GRILLED GOAT'S CHEESE (v)

Toasted gluten free bread with caramelised red onions, aged balsamic & Jen's beetroot chutney 556 kcal

GARLIC MUSHROOMS (v)

Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted gluten free bread 493 kcal

MAIN COURSES

£9.95

PAN-ROASTED CHICKEN SUPRÊME

New potatoes, seasonal vegetables & wholegrain mustard cream 1160 kcal

170g PRIME RUMP STEAK FRITES (+£2)

Chargrilled & served with peppercorn sauce, grilled vine plum tomato and skin-on fries 893 kcal

LEMON CHICKEN

Skin-on fries, rocket, sun blushed tomato, Grana Padano & lemon caper chilli dressing 914 kcal

KING PRAWN & CHILLI FUSILLI

King prawns, garlic, red chilli and fresh rocket 918 kcal

FUSILLI CARBONARA

Fusilli tossed with pancetta, cream & Grana Padano 1327 kcal

MEDITERRANEAN VEGETABLE FUSILLI (ve)

Roasted Mediterranean vegetables with fusilli & tomato sauce 743 kcal

LIGHT BITES

£6.95

LAMB KÖFTE LETTUCE CUP

Mixed salad, avocado hummus, skin-on fries, rocket & tzatziki 798 kcal

FALAFEL LETTUCE CUP (ve)

Mixed salad, avocado hummus, skin-on fries, rocket & tomato salsa 710 kcal

MOROCCAN CHICKEN LETTUCE CUP

Mixed salad, avocado hummus, skin-on fries, rocket & tzatziki 742 kcal

GREEK FETA SALAD (v)

Greek feta from Trikala PDO, cherry, plum & sun blushed tomatoes, Kalamata olives, red onion, cucumber, piquillo peppers, capers, oregano 293 kcal

Swap to sweet potato fries +220 kcal +£1

DESSERTS

£4.95

CLASSIC CRÈME BRÛLÉE

Sugar glazed baked vanilla pod custard 664 kcal

WARM TRIPLE CHOCOLATE BROWNIE

Triple chocolate brownie, chocolate fudge sauce & vanilla pod ice cream 900 kcal

BAKED VANILLA CHEESECAKE

With mixed berry compote & Chantilly cream 409 kcal

SICILIAN LEMON TART

Chantilly cream & raspberry coulis 423 kcal

CHESHIRE FARM ICE CREAM

3 scoops of vanilla, chocolate, pistachio (n), strawberry or honeycomb 506 kcal

EGO MINIS

£5.95

Mini desserts with any tea or coffee

+£2 Upgrade to any liqueur coffee

WARM TRIPLE CHOCOLATE BROWNIE 380 kcal

CLASSIC CRÈME BRÛLÉE 358 kcal

STRAWBERRY & PASSIONFRUIT ETON MESS 244 kcal

CHESHIRE FARM ICE CREAM 308 kcal

JOIN THE EGO CLUB TODAY

Ask one of the team about joining the Ego Club for exclusive offers & Ego news.

If you would like any dietary or allergen information or to see our Vegan menu, please just ask our team.

Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items.

The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal

For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.

(v) vegetarian

(ve) vegan

(n) contains nuts