

GLUTEN FREE

APPETISERS

MIXED OLIVES (ve) £3.95

HALLOUMI FRIES WITH MOJO ROJO (v) £4.95

CRUDITÉS WITH AVOCADO HUMMUS, TZATZIKI & MOJO ROJO (v) £4.95

CHORIZO WITH HONEY £4.25

EGO SHARING BOARD £16.95
Skewered King prawns, fried halloumi,
lamb köfte, chorizo with honey,
falafel & mixed olives

STARTERS

SOUP DU JOUR (ve) £5.65
Soup of the day served with gluten free bread

CHICKEN LIVER & ROSEMARY PÂTÉ £6.25
With clarified butter & pink peppercorns, toasted
gluten free bread & Maria's chilli tomato marmalade

GRILLED GOAT'S CHEESE (v) £6.95
On toasted gluten free bread with aged balsamic,
caramelised red onions & Jen's beetroot chutney

LAMB KÖFTE £6.75
Harissa spiced lamb, carrot, raisin & orange salad with tzatziki

GAMBAS AL PIL PIL £7.95 / £11.95
7 or 12 King prawns pan fried with garlic & guindilla chillies,
served with toasted gluten free bread

GARLIC MUSHROOMS (v) £6.75
Sautéed field & wild mushrooms, garlic, lemon & parsley
cream with toasted gluten free bread

CHORIZO FRITO AL VINO £6.45
Chorizo pan fried in red wine, garlic, rosemary & thyme,
served with toasted gluten free bread

MAIN COURSES

ROASTED SALMON FILLET £17.95
Crushed new potatoes, buttered green beans
& tarragon white wine cream

LEMON CHICKEN MILANESE £16.45
Pan fried lemon chicken, rocket, sun blushed tomato &
Grana Padano with lemon caper chilli dressing & skin-on fries

ROASTED LAMB RUMP £18.95
Served pink on pea purée, rosemary red wine jus
& dauphinoise potatoes

SEA BASS FILLETS £16.95
Pan fried with roasted chorizo, cherry tomatoes,
red onion, rocket & skin-on fries

PAN ROASTED CHICKEN SUPRÊME £16.45
Pommes purée, buttered green beans & wholegrain
mustard cream

IBERIAN BELLY PORK £17.95
Slow roast & honey glazed with spinach & chorizo,
thyme red wine jus & pommes purée

GREEK SALAD (v) £11.95
Cherry, plum & sun blushed tomatoes, Kalamata olives,
red onion, cucumber, piquillo peppers, capers, oregano
& topped with feta

with LEMON CHICKEN £15.45

with ROASTED LAMB RUMP £18.95

with CHARGRILLED RUMP STEAK £17.95

PASTA & PAELLA

PAELLA MIXTA £14.95
Chicken, chorizo, king prawns, squid & mussels with piquillo
peppers, green beans & peas

VEGETABLE PAELLA (ve) £11.95
Artichokes, piquillo peppers, tomatoes, green beans, garden
peas, mixed peppers & courgette

KING PRAWN & CHILLI FUSILLI £12.95
King prawns with garlic & red chilli & topped with rocket

FUSILLI CARBONARA £11.45
Fusilli tossed with pancetta, cream & Grana Padano

STEAK FRITES

8oz FILLET	7oz SIRLOIN	9oz RIBEYE
£24.95	£18.95	£21.95

All chargrilled & served with grilled vine plum tomato,
sautéed flat mushroom, dressed rocket & skin-on fries

Swap to sweet potato fries for £1 extra

Add garlic butter, peppercorn or Mojo Rojo sauce £1.50

Add King prawn skewers £3.95

CHARGRILLED KEBABS

HANGING MIXED KEBAB £18.95
Piri-piri chicken, chorizo, lamb rump & sirloin steak

HANGING PIRI-PIRI CHICKEN & CHORIZO £16.95

HANGING PIRI-PIRI CHICKEN £15.95

HALLOUMI (v) £14.95
With lemon, caper & chilli dressing

All skewered with red onion, courgette & mixed peppers
with mixed leaf salad, tzatziki & tomato salsa

Add Halloumi Fries £4.95 / Sweet Potato Fries £4.25 /
Skin-on Fries £3.25

MOROCCAN

MOROCCAN CHICKEN (n) £16.95
Slow cooked spiced boneless chicken thighs & vegetables,
carrot salad, flaked almonds, toasted gluten free bread,
tzatziki & picked coriander

MOROCCAN LAMB (n) £16.95
Slow cooked spiced lamb & vegetables, carrot salad,
flaked almonds, toasted gluten free bread, tzatziki
& picked coriander

MOROCCAN FALAFEL (v) (n) £14.95
Spiced falafel, slow cooked Moroccan vegetables, carrot
salad, flaked almonds, toasted gluten free bread, tzatziki
& picked coriander

SIDES

SKIN-ON FRIES £3.25

HALLOUMI FRIES WITH MOJO ROJO £4.95

SWEET POTATO FRIES £4.25

GRATIN DAUPHINOISE £3.25

GREEK SALAD £5.95

TENDERSTEM BROCCOLI £3.45

BUTTERED GREEN BEANS £3.25

ROAST MEDITERRANEAN VEGETABLES £3.25

HOUSE SALAD £3.25

DESSERTS

CLASSIC CRÈME BRÛLÉE £5.95
Sugar glazed baked vanilla pod custard

STRAWBERRY & PASSIONFRUIT ETON MESS £6.95
Passionfruit sorbet, strawberries, crushed meringue
& Chantilly cream

WARM TRIPLE CHOCOLATE BROWNIE £6.45
Triple chocolate brownie, chocolate fudge sauce
& vanilla ice cream

SICILIAN LEMON TART £6.25
With Chantilly cream & raspberry coulis

WARM FRANGIPANE & RASPBERRY TART (n) £6.45
Served with vanilla ice cream & raspberry coulis

BAKED VANILLA CHEESECAKE £6.25
With mixed berry compote & Chantilly cream

ICE CREAM £4.95
3 scoops of luxury vanilla, chocolate, pistachio (n),
strawberry or honeycomb

RASPBERRY or PASSIONFRUIT SORBET £4.95
3 scoops served with fresh strawberries & mint

EGO MINIS

MINI DESSERTS WITH ANY TEA OR COFFEE ALL £4.95

WARM TRIPLE CHOCOLATE BROWNIE

CRÈME BRÛLÉE

STRAWBERRY & PASSIONFRUIT ETON MESS

ICE CREAM

GLUTEN FREE PRIX FIXE

MON - THUR UNTIL 6PM

FRI & SAT UNTIL 5.30PM

ALL DAY SUNDAY

2 COURSES £15.95 / 3 COURSES £18.95

STARTERS

Soup du Jour (ve)

Garlic Mushrooms (v)

Grilled Goat's Cheese (v)

Chicken Liver & Rosemary Pâté

Gambas al Pil Pil (£1.50 extra)

MAIN COURSES

Pan Roasted Chicken Suprême, Mustard Cream Sauce*

6oz Rump Steak Frites & Peppercorn Sauce

7oz Sirloin Steak Frites & Peppercorn Sauce (£3 extra)

Pan Roasted Cod Loin, White Wine Tarragon Cream*

Roasted Mediterranean Vegetable Fusilli (ve)

*served with seasonal vegetables & new potatoes or skin-on fries

DESSERTS

Classic Crème Brûlée

Baked Vanilla Cheesecake

Chocolate Brownie

Ice Cream

AFTERNOON TEA MON - SAT 2PM - 4PM. PRE-BOOKED ONLY.

SANDWICHES & SAVOURIES

Spiced falafel & tzatziki

Smoked salmon & cream cheese sandwich

Grilled goat's cheese on toasted brioche, beetroot chutney & caramelised onions (v)

Grilled chicken, lemon mayonnaise & rocket sandwich

OR

VEGETARIAN SANDWICHES & SAVOURIES

Spiced falafel & tzatziki

Avocado hummus, roasted red pepper & rocket sandwich

Grilled goat's cheese on toasted brioche, beetroot chutney & caramelised onions (v)

Mature cheddar cheese & caramelised red onion sandwich

GLUTEN FREE LUNCH

MON - SAT UNTIL 4PM

STARTERS £4.95

Soup du jour with gluten free bread (ve)

Chicken liver & rosemary pâté with chilli tomato marmalade

Grilled goat's cheese on gluten free bread, caramelised onions & beetroot chutney (v)

Garlic mushrooms with gluten free bread (ve*)

MAIN COURSES £7.95

Lemon chicken with, rocket, sun blushed tomato & Grana Padano with lemon caper chilli dressing & skin-on fries

Fresh battered cod with chips, pea purée & tartare sauce

Roasted chicken suprême, wholegrain mustard cream, new potatoes & seasonal vegetables

Prime 6oz rump steak, peppercorn sauce, plum tomato, skin-on fries & rocket (+£2)

King prawn & chilli fusilli served with fresh rocket

Fusilli carbonara with pancetta, cream & Grana Padano

Roasted Mediterranean vegetable fusilli (ve)

DESSERTS £4.95

Classic Crème Brûlée

Baked Vanilla Cheesecake

Chocolate Brownie

Ice Cream

SCONES & MINI DESSERTS

Scone with clotted cream & strawberry jam

Triple chocolate brownie

Sicilian lemon tart

Frangipane & raspberry tart (n)

SELECTION OF TEA

English Breakfast, Earl Grey, Green, Peppermint & fruit flavours. All coffees available as an alternative.

£12.95 per person

Add Prosecco or Gin & Tonic £5.00

VEGAN

APPETISERS

GARLIC PIZZA BREAD £4.45

with TOMATO £4.75

with VEGAN MOZZARELLA £5.45

with VEGAN MOZZARELLA & TOMATO £5.75

RUSTIC BREADS, OLIVE OIL & BALSAMIC £3.75

with MIXED OLIVES £6.75

MIXED OLIVES £3.95

STARTERS

SOUP DU JOUR £5.65

Soup of the day served with fresh bread

GARLIC MUSHROOMS £6.75

Sautéed field & wild mushrooms with garlic, lemon & parsley with toasted white bloomer

CRUDITÉS & PITTA BREADS WITH DIPS £4.95

Peppers, cucumber & pitta breads with avocado hummus & Mojo Rojo dip

MAIN COURSES

MOROCCAN FALAFEL (n) £14.95

Served with Moroccan vegetables, fruity cous cous, flaked almonds, toasted pitta, avocado hummus & picked coriander

MARGHERITA PIZZA £8.95

Tomato & oregano with vegan mozzarella & basil

MEDITERRANEAN VEGETABLE PIZZA £9.65

Courgette, roasted peppers, aubergine & red onion, with caramelised onions, vegan mozzarella & rocket

VEGETABLE PAELLA £11.95

Artichokes, piquillo peppers, tomatoes, green beans, garden peas, mixed peppers & courgette

SPICED CHICKPEA CAKES (n) £13.95

Coriander & lime tabbouleh, orange, raisin & carrot salad with avocado hummus

LINGUINE VERDURE £10.95

With roasted Mediterranean vegetables & Neapolitan sauce

SIDES

SKIN-ON FRIES £3.25

SWEET POTATO FRIES £4.25

TENDERSTEM BROCCOLI £3.45

GREEN BEANS £3.25

ROAST MEDITERRANEAN VEGETABLES £3.25

HOUSE SALAD £3.25

DESSERTS

WARM FRANGIPANE & RASPBERRY TART (n) £6.45

Served with vegan vanilla ice cream & raspberry coulis

FRESH FRUIT SALAD £4.95

Strawberries, raspberries, apple & oranges

RASPBERRY or PASSIONFRUIT SORBET £4.95

3 scoops served with fresh strawberries & mint

ICE CREAM £4.95

3 scoops of vegan vanilla or chocolate ice cream

VEGAN PRIX FIXE MENU

MON - THUR UNTIL 6PM

FRI & SAT UNTIL 5.30PM

ALL DAY SUNDAY

2 COURSES £15.95 / 3 COURSES £18.95

STARTERS

Soup du Jour

Garlic Mushrooms

Crudités, Pitta Breads & Dips

MAIN COURSES

Spiced Chickpea Cakes (n)

Roasted Mediterranean Vegetable Linguine

Margherita or Mediterranean Vegetable Pizza

Vegetable Paella

DESSERTS

Fresh Fruit Salad

Raspberry or Passionfruit Sorbet

Ice Cream