

VEGAN MENU

APPETISERS

GARLIC PIZZA BREAD 939 kcal	£5.95
GARLIC PIZZA BREAD with TOMATO 945 kcal	£6.95
GARLIC PIZZA BREAD with VEGAN MOZZARELLA 1106 kcal	£7.95
½ VEGAN MOZZARELLA & ½ TOMATO 1112kcal	£8.45
RUSTIC BREADS, OLIVE OIL & BALSAMIC 925 kcal	£4.75
with MIXED OLIVES 1033 kcal	£6.95
MIXED OLIVES 108 kcal	£3.95

STARTERS

SOUP DU JOUR Soup of the day served with fresh bread 372 kcal	£6.45
GARLIC MUSHROOMS Sautéed field & wild mushrooms with garlic, lemon & parsley on toasted white bloomer 398 kcal	£7.45
CRUDITÉS & PITTA BREADS WITH DIPS Peppers, cucumber & pitta breads with avocado hummus & mojo rojo 194 kcal	£5.95

MAIN COURSES

MARGHERITA PIZZA Tomato, vegan mozzarella, fresh basil 732 kcal	£9.45
MEDITERRANEAN VEGETABLE PIZZA Courgette, roasted peppers, aubergine & red onion, with caramelised onions, vegan mozzarella & rocket 1069 kcal	£10.95
VEGETABLE PAELLA Artichoke, courgette, aubergine and tomato with piquillo peppers, green beans & peas 912 kcal	£11.95
MOROCCAN FALAFEL (n) Moroccan falafel – spiced vegetables, fruity couscous, flaked almonds, avocado hummus & toasted pitta bread 808 kcal	£14.95
LINGUINE VERDURE With roasted Mediterranean vegetables & Neapolitan sauce 650 kcal	£12.95
COURGETTE & SWEETCORN FRITTERS Homemade spiced fritters, carrot raisin & orange salad, avocado hummus, red pepper tapenade, picked coriander 691 kcal	£14.95

SIDES

SKIN-ON FRIES 416 kcal	£3.45
SWEET POTATO FRIES 636 kcal	£4.45
TENDERSTEM BROCCOLI 106 kcal	£3.95
GREEN BEANS 55 kcal	£3.65
ROAST MEDITERRANEAN VEGETABLES 274 kcal	£3.95
HOUSE SALAD 130 kcal	£3.95

DESSERTS

WARM FRANGIPANE & RASPBERRY TART (n) Served with vegan vanilla ice cream & raspberry coulis 424 kcal	£6.95
FRESH FRUIT SALAD Strawberries, raspberries, apple & oranges 276 kcal	£5.95
RASPBERRY or PASSIONFRUIT SORBET 3 scoops served with fresh mint 347 kcal	£5.95
ICE CREAM 3 scoops of vegan vanilla or chocolate ice cream 607 kcal	£5.95

PRIX FIXE MENU

Mon-Sat until 5.30pm

2 Courses £16.95 3 Courses £20.95

STARTERS

Soup du Jour 372 kcal
Garlic Mushrooms 398 kcal
Crudités, Pitta Breads & Dips 194 kcal

MAIN COURSES

Courgette & Sweetcorn Fritters 691 kcal
Roasted Mediterranean 650 kcal
Vegetable Linguine
Margherita Pizza 732 kcal
Mediterranean Vegetable Pizza 1069 kcal
Vegetable Paella 912 kcal

DESSERTS

Fresh Fruit Salad 276 kcal
Raspberry or Passionfruit Sorbet 347 kcal
Vegan Ice Cream 607 kcal



EGORESTAURANTS.CO.UK



JOIN THE EGO CLUB TODAY

Ask one of the team about joining the Ego Club for exclusive offers & Ego news.

If you would like any dietary or allergen information or to see our
Gluten Free & Vegan menus, please just ask our team.

Due to the presence of nuts in some products, there is a small possibility
that nut traces may be found in any of our menu items.

The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal

For parties of 8 or more, a discretionary
10% service charge will be added to the bill, thank you.

(n) contains nuts