



Vernazza Marina  
*Cinque Terre, Italy*

A LA CARTE

## APPETISERS

<b>STONEBAKED GARLIC PIZZA BREAD</b> (v) 791 kcal	£6.75
with <b>TOMATO</b> (v) 798 kcal	£7.95
with <b>MOZZARELLA</b> (v) 978 kcal	£8.45
with <b>1/2 MOZZARELLA &amp; 1/2 TOMATO</b> (v) 888 kcal	£8.95

<b>FRESH BAKED BAGUETTE, EXTRA VIRGIN OLIVE OIL &amp; BALSAMIC VINEGAR</b> (ve) 798 kcal	£4.95
with <b>MIXED OLIVES</b> (ve) 906 kcal	£6.95

<b>MIXED OLIVES</b> (ve) 108 kcal	£3.95
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<b>HALLOUMI FRIES</b> with <b>CHILLI HONEY</b> (v) 356 kcal	£5.25
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<b>GRILLED PITTA</b> with <b>HUMMUS, TOASTED DUKKA &amp; ROASTED GARLIC OIL</b> (ve) (n) 661 kcal	£5.95
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### EGO SHARING BOARD £17.95

Calamari fritti, chorizo & halloumi skewers, salmon fishcakes, spiced falafel, grilled pitta, tzatziki, hummus, aioli & red pepper tapenade 1731 kcal

## STARTERS

<b>SOUP DU JOUR</b> (v)	£6.95
Soup of the day served with fresh bread 553 kcal	

<b>CHORIZO FRITO AL VINO</b>	£7.95
Braised in red wine, garlic, rosemary & thyme served with toasted baguette 814 kcal	

<b>GARLIC MUSHROOMS</b> (v)	£7.95
Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted baguette 531 kcal	

<b>PANKO CRUMBED IBERIAN BELLY PORK</b> (n)	£8.25
Black pudding, toasted walnuts, mixed leaves & apple mayonnaise 818 kcal	

<b>CALAMARI FRITTI</b>	£8.45
Paprika floured squid rings, aioli & fresh lemon 546 kcal	

<b>GRILLED GOAT'S CHEESE</b> (v)	£8.25
Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 604 kcal	

<b>SALMON FISHCAKE</b>	£9.45
Soft poached egg, lemon & dill hollandaise and mixed leaves 898 kcal	

<b>GAMBAS AL PIL PIL</b>	£8.95 / £12.95
7 or 12 King prawns pan fried with garlic & guindilla chillies, toasted bread 895 kcal / 950 kcal	

<b>BREADED CAMEMBERT</b> (v)	£8.45
Panko breaded Camembert with mixed dressed leaves & cranberry compote 658 kcal	

<b>MOULES MARINIÈRES</b>	£10.95
Fresh rope mussels, shallots, parsley & garlic in white wine cream served with fresh baguette 645 kcal	

<b>CHICKEN LIVER &amp; ROSEMARY PÂTÉ</b>	£7.45
Clarified butter & pink peppercorns, toasted baguette & Maria's chilli tomato marmalade 587 kcal	

## MAIN COURSES

<b>PAN-ROASTED CHICKEN SUPRÊME</b> (n)	£18.45
With Grana Padano, sun blushed tomato, saffron risotto & basil pesto 1456 kcal	

<b>PAN-FRIED SEA BASS FILLETS</b>	£19.95
With roasted chorizo, cherry tomatoes, red onion, sautéed new potatoes & rocket 987 kcal	

<b>COURGETTE &amp; SWEETCORN FRITTERS</b> (ve) (n)	£16.95
Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus, & toasted dukka 481 kcal	

<b>ANDALUCIAN PORK FILLET</b>	£19.95
Wrapped in Serrano ham, with creamed savoy cabbage wholegrain mustard sauce & dauphinoise potatoes 1240 kcal	

<b>MOROCCAN FALAFEL</b> (v) (n)	£16.95
Spiced vegetables, fruity couscous, flaked almonds, tzatziki & toasted pitta bread 772 kcal	

<b>SLOW COOKED BEEF BOURGUIGNON</b>	£19.95
Served with pommes purée, pancetta wrapped green beans & root vegetable crisps 1423 kcal	

<b>MOROCCAN LAMB</b> (n)	£19.95
Slow cooked spiced lamb with Moroccan vegetables, fruity couscous, flaked almonds, tzatziki & toasted pitta bread 1365 kcal	

<b>LEMON CHICKEN MILANESE</b>	£18.45
Rocket, sun blushed tomato & Grana Padano salad, lemon caper chilli dressing and skin-on fries 1552 kcal	

<b>MINTED LAMB RUMP</b>	£20.95
Served pink with spring onion, olive & goats cheese pommes purée, rosemary jus & roasted courgette 1423 kcal	

<b>PAN-ROASTED COD SUPRÊME</b>	£19.95
Crushed new potatoes, with buttered greens beans & white wine cream 1074 kcal	

<b>TRADITIONAL GREEK SALAD</b> (v)	£16.95
Greek feta from Trikala PDO, cherry, plum & sun blushed tomatoes, Kalamata olives, red onion, cucumber, piquillo peppers, capers, oregano 546 kcal	
with <b>GRILLED LEMON CHICKEN</b> 1131 kcal	+£3

## PASTA & PAELLA

<b>PAELLA MIXTA</b>	£18.95
Chicken, chorizo, King prawns, squid, mussels piquillo peppers, tomato, green beans & peas 1288 kcal	

<b>CHICKEN &amp; CHORIZO PAELLA</b>	£17.95
Piquillo peppers, tomato, green beans & peas 1349 kcal	

<b>VEGETABLE PAELLA</b> (ve)	£15.95
Artichoke, courgette, aubergine and tomato, piquillo peppers, green beans & peas 912 kcal	

<b>KING PRAWN &amp; CHILLI LINGUINE</b>	£17.95
King prawns, garlic, red chilli & fresh rocket 826 kcal	

<b>SPAGHETTI CARBONARA</b>	£15.95
Spaghetti tossed with pancetta, cream & Grana Padano 1299 kcal	

## CHARGRILLED KEBABS

All skewered with red onion, courgette & peppers with mixed leaf salad, tzatziki & tortillas

**HANGING MIXED KEBAB** £24.95  
300g Piri-piri chicken, chorizo, lamb rump & belly pork 1837 kcal

**HANGING PIRI-PIRI CHICKEN & CHORIZO** £20.95  
250g Piri-piri chicken & chorizo 1582 kcal

**HANGING PIRI-PIRI CHICKEN** £18.95  
200g Piri-piri chicken 1046 kcal

**CYPRIT HALLOUMI (v)** £19.95  
Lemon caper chilli dressing 1391 kcal

Truffle & Grana Padano Fries £4.95

Skin-on fries £3.45

Sweet potato fries £4.95

Halloumi fries with chilli honey £5.25

## STEAK FRITES

All chargrilled and served with grilled vine plum tomato, sautéed flat mushroom, dressed rocket & skin-on fries

**227g SIRLOIN** 936 kcal £23.95

**227g PRIME RUMP** 979 kcal £21.95

**170g FILLET** 883 kcal £28.95

**280g RIBEYE** 1089 kcal £27.95

Swap to truffle & Grana Padano fries +£1.50

Swap to sweet potato fries +£1.50

Garlic butter 155 kcal £1.50

Peppercorn sauce 119 kcal £2.00

King prawn skewers 177 kcal £3.95

## STONEBAKED SOURDOUGH PIZZA

**MARGHERITA (v)** £11.95  
Tomato, mozzarella, fresh basil 788 kcal

**CHARGRILLED CHICKEN** £13.95  
Roquito pepper pearls, red onion, tomato & mozzarella 909 kcal

**GOAT'S CHEESE & CARAMELISED ONION (v)** £12.95  
Roasted Mediterranean vegetables & fresh rocket 1317 kcal

**PEPPERONI PICCANTE** £13.95  
Tomato, mozzarella, pepperoni, sliced red chillies 1182 kcal

**CREATE YOUR OWN PIZZA** £14.95  
Add any 3 pizza toppings from above or listed below to a Margherita: 980 kcal  
King prawns / Black olives / Chorizo / Pancetta  
Mushrooms / Serrano ham / Artichokes / Pineapple

## SIDES

**SKIN-ON FRIES** 416 kcal £3.45

**TRUFFLE & GRANA PADANO FRIES** 598 kcal £4.95

**SWEET POTATO FRIES** 636 kcal £4.95

**HALLOUMI FRIES with CHILLI HONEY** 356 kcal £5.25

**GRATIN DAUPHINOISE** 316 kcal £4.95

**GREEK SALAD** 293 kcal £4.95

**TENDERSTEM BROCCOLI, LEMON & CHILLI, TOASTED ALMONDS (n)** 106 kcal £4.45

**BUTTERED GREEN BEANS** 97 kcal £3.95

**MEDITERRANEAN VEGETABLES & PESTO (n)** 312 kcal £4.95

**ROCKET & GRANA PADANO SALAD** 159 kcal £4.95

## PRIX FIXE MENU

Mon-Sat until 5.30pm

2 Courses £18.95 3 Courses £22.95

### STARTERS

Soup du Jour (v) 553 kcal

Calamari Fritti 546 kcal

Garlic Mushrooms (v) 531 kcal

Gambas al Pil Pil 895 kcal +£1.50

Grilled Goat's Cheese (v) 604 kcal

Chicken Liver & Rosemary Pâte 587 kcal

### MAIN COURSES

Pan-Roasted Chicken Suprême, Mustard Cream Sauce, Pommes Purée & buttered green beans 1160 kcal

170g Rump Steak 878 kcal +£2

227g Sirloin Steak 936 kcal +£6

Served with Peppercorn Sauce, Skin-on Fries & Grilled Tomato

Salmon & Dill Fishcakes, Skin-on Fries, Rocket & Tartare Sauce 1213 kcal

Spaghetti Carbonara 1299 kcal

King Prawn & Chilli Linguine 826 kcal

Courgette & Sweetcorn Fritters (ve) (n) 481 kcal

### DESSERTS

Classic Crème Brûlée 664 kcal

Sticky Toffee Pudding 901 kcal

Sicilian Lemon Tart 423 kcal

Warm Triple Chocolate Brownie 900 kcal

Cheshire Farm Ice Cream 506 kcal

# LUNCH MON - SAT UNTIL 4PM

## STARTERS

<b>SOUP DU JOUR (v)</b> £5.95 Soup of the day served with fresh bread 553 kcal	<b>CHICKEN LIVER &amp; ROSEMARY PÂTÉ</b> £5.95 With clarified butter & pink peppercorns, toasted baguette & Maria's chilli tomato marmalade 587 kcal
<b>GARLIC MUSHROOMS (v)</b> £6.95 Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted baguette 531 kcal	<b>GRILLED GOAT'S CHEESE (v)</b> £6.95 Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 604 kcal
<b>CALAMARI FRITTI</b> £7.45 Paprika floured squid rings, aioli & fresh lemon 546 kcal	

## LUNCH MAIN COURSES

<b>SALMON &amp; DILL FISHCAKES</b> £11.95 Skin-on fries, fresh rocket & tartare sauce 1213 kcal	<b>SPAGHETTI CARBONARA</b> £11.95 Spaghetti tossed with pancetta, cream & Grana Padano 1299 kcal
<b>LEMON CHICKEN MILANESE</b> £10.95 Rocket, sun blushed tomato & Grana Padano salad, lemon caper chilli dressing and skin-on fries 973 kcal	<b>PEPPERONI PICCANTE PIZZA</b> £11.95 Tomato, mozzarella, pepperoni, red chillies 1182 kcal
<b>STEAK &amp; ALE PIE</b> £12.95 Hand-cut chips or pommes purée & fresh seasonal vegetables 1655 kcal	<b>COURGETTE &amp; SWEETCORN FRITTERS (ve) (n)</b> £10.95 Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus, & toasted dukka 481 kcal
<b>FRESH BEER BATTERED HADDOCK FILLET</b> £12.95 Hand-cut chips, pea purée & tartare sauce 941 kcal	<b>MOROCCAN CHICKEN WRAP</b> £8.95 Carrot salad, hummus, skin-on fries, rocket & tzatziki 968 kcal
<b>PAN-ROASTED CHICKEN SUPRÊME</b> £12.95 Mustard cream sauce, pommes purée & buttered green beans 1160 kcal	<b>FALAFEL WRAP (ve)</b> £8.95 Carrot salad, hummus, skin-on fries, rocket & red pepper tapenade 881 kcal
<b>170g PRIME RUMP STEAK</b> £13.95 Chargrilled & served with grilled plum tomato and skin-on fries or hand cut chips 893 kcal Swap to truffle & Grana Padano fries +£1.50 Swap to sweet potato fries +£1.50 Add garlic butter £1.50 or peppercorn sauce £2	<b>LAMB KÖFTE WRAP</b> £8.95 Carrot salad, hummus, skin-on fries, rocket & tzatziki 1204kcal
<b>KING PRAWN &amp; CHILLI LINGUINE</b> £12.95 King prawns, garlic, red chilli and fresh rocket 826 kcal	<b>TRADITIONAL GREEK SALAD (v)</b> £8.95 Greek feta from Trikala PDO, cherry, plum & sun blushed tomatoes, Kalamata olives, red onion, cucumber, piquillo peppers, capers, oregano 293 kcal
<b>MOULES FRITES</b> £12.95 Fresh rope mussels, shallots, parsley & garlic in white wine cream served with fresh baguette & skin-on-fries 1151 kcal	

## DESSERTS

<b>CLASSIC CRÈME BRÛLÉE</b> £6.45 Sugar glazed baked vanilla pod custard 664 kcal	<b>EGO MINIS</b> MINI DESSERTS WITH ANY COFFEE OR TEA + £2 UPGRADE TO ANY LIQUEUR COFFEE
<b>WARM TRIPLE CHOCOLATE BROWNIE</b> £6.95 Triple chocolate brownie, chocolate fudge sauce & vanilla pod ice cream 900 kcal	<b>WARM TRIPLE CHOCOLATE BROWNIE</b> £7.45 Triple chocolate brownie, chocolate fudge sauce 380 kcal
<b>SICILIAN LEMON TART</b> £6.45 Chantilly cream & raspberry coulis 423 kcal	<b>RHUBARB &amp; GIN CRUMBLE</b> £7.45 Served warm 157 kcal
<b>STICKY TOFFEE PUDDING</b> £6.95 Steamed sponge date pudding, toffee sauce & vanilla pod ice cream 901 kcal	<b>CRÈME BRÛLÉE</b> £7.45 Sugar glazed baked vanilla pod custard 358 kcal
<b>CHESHIRE FARM ICE CREAM</b> £6.45 3 scoops of vanilla, chocolate, pistachio (n), strawberry or honeycomb 506 kcal	<b>STICKY TOFFEE PUDDING</b> £7.45 Steamed sponge date pudding, toffee sauce 384 kcal
	<b>STRAWBERRY &amp; PASSIONFRUIT ETON MESS</b> £7.45 Chantilly cream, crushed meringue & strawberries 244 kcal
	<b>CHESHIRE FARM ICE CREAM</b> £7.45 One scoop of vanilla, chocolate, pistachio (n), strawberry or honeycomb 308 kcal

(v) vegetarian (ve) vegan (n) contains nuts (gf) gluten free

Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items. The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal. For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.