

VEGAN MENU

APPETISERS

STONEBAKED GARLIC PIZZA BREAD 939 kcal	£6.75
GARLIC PIZZA BREAD with TOMATO 945 kcal	£7.95
GARLIC PIZZA BREAD with VEGAN MOZZARELLA 1106 kcal	£8.45
½ VEGAN MOZZARELLA & ½ TOMATO 1112kcal	£8.95
FRESH BAKED BAGUETTE, EXTRA VIRGIN OLIVE OIL & BALSAMIC VINEGAR 925 kcal	£4.95
with MIXED OLIVES 1033 kcal	£6.95
MIXED OLIVES (gf) 108 kcal	£3.95

STARTERS

GARLIC MUSHROOMS (gf*)	£7.95
Sautéed field & wild mushrooms with garlic, lemon & parsley with toasted baguette 398 kcal	
COURGETTE & SWEETCORN FRITTERS (gf) (n)	£7.95
Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus, & toasted dukka 312 kcal	
GRILLED PITTA with HUMMUS, TOASTED DUKKA & ROASTED GARLIC OIL (n) 661 kcal	£5.95

MAIN COURSES

COURGETTE & SWEETCORN FRITTERS (gf) (n)	£16.95
Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus, & toasted dukka 481 kcal	
MOROCCAN FALAFEL (n) (gf*)	£16.95
Moroccan falafel spiced vegetables, fruity couscous, flaked almonds, hummus & toasted pitta bread 808 kcal	
VEGETABLE PAELLA (gf)	£15.95
Artichoke, courgette, aubergine and tomato with piquillo peppers, green beans & peas 912 kcal	
LINGUINE VERDURE (gf*)	£14.95
Roasted Mediterranean vegetables & Neapolitan sauce 650 kcal	
MARGHERITA PIZZA	£11.95
Tomato, vegan mozzarella, fresh basil 732 kcal	
MEDITERRANEAN VEGETABLE PIZZA	£12.95
Courgette, roasted peppers, aubergine & red onion, with caramelised onions, vegan mozzarella & rocket 1069 kcal	

SIDES

SKIN-ON FRIES 416 kcal	£3.45
SWEET POTATO FRIES 636 kcal	£4.95
TENDERSTEM BROCCOLI, LEMON & CHILLI, TOASTED ALMONDS (n) 106 kcal	£4.45
GREEN BEANS 55 kcal	£3.95
ROAST MEDITERRANEAN VEGETABLES 274 kcal	£4.95

DESSERTS

WARM FRANGIPANE & RASPBERRY TART (n) Served with vegan vanilla ice cream & raspberry coulis 424 kcal	£7.95
FRESH FRUIT SALAD Strawberries, raspberries, apple & oranges 276 kcal	£6.45
RASPBERRY or PASSIONFRUIT SORBET 3 scoops served with fresh mint 347 kcal	£6.95
ICE CREAM 3 scoops of vegan vanilla or chocolate ice cream 607 kcal	£7.45

PRIX FIXE MENU

Mon-Sat until 5.30pm

2 Courses £18.95 3 Courses £22.95

STARTERS

Garlic Mushrooms 398 kcal
Courgette & Sweetcorn Fritters (n) 289 kcal
Toasted Pitta Breads & Hummus (n) 212 kcal

MAIN COURSES

Courgette & Sweetcorn Fritters (n) 481 kcal
Linguine Verdure 650 kcal
Margherita Pizza 732 kcal
Mediterranean Vegetable Pizza 1069 kcal
Vegetable Paella 912 kcal

DESSERTS

Fresh Fruit Salad 276 kcal
Raspberry or Passionfruit Sorbet 347 kcal
Vegan Ice Cream 607 kcal



JOIN THE EGO CLUB TODAY

Ask one of the team about joining the Ego Club for exclusive offers & Ego news.

Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items.

The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal.

For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.

(gf) gluten free (gf*) can be made gluten free (n) contains nuts

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