



SUNDAY A LA CARTE

## APPETISERS

<b>GARLIC PIZZA BREAD</b> (v) 791 kcal	£5.95
with <b>TOMATO</b> (v) 798 kcal	£6.95
with <b>MOZZARELLA</b> (v) 978 kcal	£7.95
with <b>1/2 MOZZARELLA &amp; 1/2 TOMATO</b> (v) 888 kcal	£8.45
<b>RUSTIC BREADS, OLIVE OIL &amp; BALSAMIC</b> (ve) 925 kcal	£4.75
with <b>MIXED OLIVES</b> (ve) 1033 kcal	£6.95
<b>MIXED OLIVES</b> (ve) 108 kcal	£3.95
<b>HALLOUMI FRIES with SPICY LEMON DIP</b> (v) 483 kcal	£4.95
<b>PITTA BREADS with AVOCADO HUMMUS, TZATZIKI &amp; MOJO ROJO</b> (v) 303 kcal	£5.95
<b>BREADED MANCHEGO &amp; CHORIZO with HONEY</b> 779 kcal	£4.95

### EGO SHARING BOARD (n) £16.95

Chorizo & halloumi skewers with mojo rojo, calamari fritti with lemon, spiced lamb köfte with tzatziki and carrot, raisin & orange salad, falafel with avocado hummus & grilled pitta bread 1652 kcal

## STARTERS

<b>SOUP DU JOUR</b> (ve)	£6.45
Soup of the day served with fresh bread 553 kcal	
<b>CHICKEN LIVER &amp; ROSEMARY PÂTÉ</b>	£6.95
Clarified butter & pink peppercorns, toasted bloomer & Maria's chilli tomato marmalade 587 kcal	
<b>SALMON &amp; DILL FISHCAKE</b>	£8.75
Soft poached egg, lemon & chive hollandaise and mixed leaves 898 kcal	
<b>GRILLED GOAT'S CHEESE</b> (v)	£7.25
Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 604 kcal	
<b>GAMBAS AL PIL PIL</b>	£8.95 / £12.95
7 or 12 King prawns pan fried with garlic & guindilla chillies, toasted sun-dried tomato bread 895 kcal / 950 kcal	
<b>CALAMARI FRITTI</b>	£7.95
Paprika floured squid rings, aioli & fresh lemon 546 kcal	
<b>GARLIC MUSHROOMS</b> (v)	£7.45
Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted white bloomer 531 kcal	
<b>LAMB KÖFTE</b> (n)	£7.95
Harissa spiced lamb, carrot, raisin & orange salad with flaked almonds & tzatziki 763 kcal	
<b>CHORIZO FRITO AL VINO</b>	£7.25
Chorizo pan-fried in red wine, garlic, rosemary & thyme, served with toasted bloomer 814 kcal	
<b>BREADED CAMEMBERT</b> (v)	£7.95
Panko breaded Camembert with mixed dressed leaves & cranberry compote 658 kcal	

## MAIN COURSES

<b>LEMON CHICKEN MILANESE</b>	£17.45
Rocket, sun blushed tomato & Grana Padano, lemon caper chilli dressing & skin-on fries 1552 kcal	
<b>IBERIAN BELLY PORK</b>	£18.95
Slow roasted & honey glazed with baby spinach, chorizo & black pudding, thyme red wine jus and pommes purée 1683 kcal	
<b>MOROCCAN FALAFEL</b> (v) (n)	£14.95
Spiced vegetables, fruity couscous, flaked almonds, tzatziki & toasted pitta bread 772 kcal	
<b>PAN-FRIED SEA BASS FILLETS</b>	£18.95
Petits pois, diced pancetta, broad beans, spring onions, shredded baby gem, white wine tarragon cream served with crushed new potatoes 1074 kcal	
<b>TRADITIONAL GREEK SALAD</b> (v)	£14.95
Greek feta from Trikala PDO, cherry, plum & sun blushed tomatoes, Kalamata olives, red onion, cucumber, piquillo peppers, capers, oregano 546 kcal	
<b>KING PRAWN &amp; CHILLI LINGUINE</b>	£15.95
King prawns, garlic, red chilli & fresh rocket 826 kcal	
<b>MOROCCAN LAMB</b> (n)	£18.95
Slow cooked spiced lamb with Moroccan vegetables, fruity couscous, flaked almonds, tzatziki & toasted pitta bread 1365 kcal	
<b>SPAGHETTI CARBONARA</b>	£13.95
Pancetta, cream & Grana Padano 1299 kcal	
<b>COURGETTE &amp; SWEETCORN FRITTERS</b> (ve)	£14.95
Homemade spiced fritters, carrot, raisin & orange salad, avocado hummus, red pepper tapenade, picked coriander 691 kcal	
<b>STONEBAKED PIZZA</b>	
<b>MARGHERITA</b> (v)	£9.45
Tomato, mozzarella, fresh basil 788 kcal	
<b>CHARGRILLED CHICKEN</b>	£10.95
Roquito pepper pearls, red onion, tomato & mozzarella 909 kcal	
<b>GOAT'S CHEESE &amp; CAMELISED ONION</b> (v)	£10.95
Roasted Mediterranean vegetables & fresh rocket 1317 kcal	
<b>PEPPERONI PICCANTE</b>	£11.95
Tomato, mozzarella, pepperoni, sliced red chillies 1182 kcal	
<b>CREATE YOUR OWN PIZZA</b>	£12.95
Add any 3 pizza toppings from above or listed below to a Margherita: 980 kcal King prawns / Black olives / Chorizo / Pancetta Mushrooms / Piquillo peppers / Artichokes	

## STEAK FRITES

All chargrilled and served with grilled vine plum tomato, sautéed flat mushroom, dressed rocket & skin-on fries

<b>200g SIRLOIN</b> 936 kcal	£20.95
<b>225g PRIME RUMP</b> 979 kcal	£19.95
<b>170g FILLET</b> 883 kcal	£25.95
<b>300g SIRLOIN</b> 1110 kcal	£27.95
Swap to sweet potato fries +220 kcal	+£1
Garlic butter, mojo rojo or peppercorn sauce 155 kcal	£1.50
King prawn skewers 177 kcal	£3.95

## CHARGRILLED KEBABS

All skewered with red onion, courgette & peppers with mixed leaf salad, sour cream, tomato salsa & tortillas

<b>HANGING MIXED KEBAB</b>	£21.95
300g Piri-piri chicken, chorizo, lamb rump & sirloin steak 1837 kcal	
<b>HANGING PIRI-PIRI CHICKEN &amp; CHORIZO</b>	£18.95
250g Piri-piri chicken & chorizo 1582 kcal	
<b>HANGING PIRI-PIRI CHICKEN</b>	£16.95
200g Piri-piri chicken 1046 kcal	
<b>CYPRriot HALLOUMI KEBAB (v)</b>	£16.95
Lemon caper chilli dressing 1391 kcal	
Skin-on fries 416 kcal	£3.45
Sweet potato fries 636 kcal	£4.45
Halloumi fries with spicy lemon dip 483 kcal	£4.95

## SIDES

<b>SKIN-ON FRIES</b> 416 kcal	£3.45
<b>SWEET POTATO FRIES</b> 636 kcal	£4.45
<b>GRATIN DAUPHINOISE</b> 316 kcal	£3.95
<b>GREEK SALAD</b> 293 kcal	£6.95
<b>HALLOUMI FRIES with SPICY LEMON DIP</b> 483 kcal	£4.95
<b>TENDERSTEM BROCCOLI</b> 106 kcal	£3.95
<b>BUTTERED GREEN BEANS</b> 97 kcal	£3.65
<b>ROAST MEDITERRANEAN VEGETABLES</b> 274 kcal	£3.95
<b>ROCKET &amp; GRANA PADANO</b> 159 kcal	£3.95

## SUNDAY ROASTS Available all day 2 Courses £17.95 / 3 Courses £21.95

### STARTERS

<b>SOUP DU JOUR (ve)</b>	
Soup of the day served with fresh bread 553 kcal	
<b>GARLIC MUSHROOMS (v)</b>	
Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted white bloomer 531 kcal	
<b>GAMBAS AL PIL PIL (+£1.50)</b>	
7 King prawns pan fried with garlic & guindilla chillies, served with toasted sun-dried tomato bread 895 kcal	

### CALAMARI FRITTI

Paprika floured squid rings, aioli & fresh lemon 546 kcal

### GRILLED GOAT'S CHEESE (v)

Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 604 kcal

### CHICKEN LIVER & ROSEMARY PÂTÉ

Clarified butter & pink peppercorns, toasted bloomer & Maria's chilli tomato marmalade 587 kcal

### MAIN COURSES

#### AGED PRIME RUMP OF BEEF

Served pink with horseradish sauce 1193 kcal

#### ROASTED LAMB RUMP (+£4)

Served pink with mint sauce 1229 kcal

#### PAN-ROASTED PORK FILLET

Wrapped in Serrano ham, served with sage & onion stuffing and apple sauce 1145 kcal

#### PAN-ROASTED CHICKEN SUPRÊME

Served with pork, sage & onion stuffing, & cranberry sauce 1126 kcal

#### SUN-DRIED TOMATO NUT ROAST (v) (n)

Chopped walnuts, button mushrooms, sunflower seeds, sundried tomatoes, fennel, basil & tarragon 1029 kcal

*All served with roast potatoes, Yorkshire pudding, roasted carrots & parsnips, mixed greens and homemade gravy.*

### EXTRAS

<b>CAULIFLOWER CHEESE to SHARE</b> 400 kcal	£4.95
<b>GRATIN DAUPHINOISE</b> 316 kcal	£3.95
<b>ROAST POTATOES</b> 256 kcal	£3.45
<b>YORKSHIRE PUDDING</b> 75 kcal	£1

### DESSERTS

Choose any dessert from our dessert menu

## CHILDREN'S ROASTS

A junior version of Roast Beef, Chicken, or Nut Roast plus a dessert

**2 Courses £10.95**



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**JOIN THE EGO CLUB TODAY** Ask one of the team about joining the Ego Club for exclusive offers & Ego news.

If you would like any dietary or allergen information or to see our Gluten Free & Vegan menus, please just ask our team.  
Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items.  
The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal  
For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.

(v) vegetarian      (ve) vegan      (n) contains nuts      (gf) gluten free