



Port of Monopoli
City of Bari, Italy

SUNDAY A LA CARTE

APPETISERS

STONEBAKED GARLIC PIZZA BREAD (v) 791 kcal	£6.75
with TOMATO (v) 798 kcal	£7.95
with MOZZARELLA (v) 978 kcal	£8.45
with 1/2 MOZZARELLA & 1/2 TOMATO (v) 888 kcal	£8.95
FRESH BAKED BAGUETTE, EXTRA VIRGIN OLIVE OIL & BALSAMIC VINEGAR (ve) 798 kcal	£4.95
with MIXED OLIVES (ve) 906 kcal	£6.95
MIXED OLIVES (ve) 108 kcal	£3.95
HALLOUMI FRIES with CHILLI HONEY (v) 356 kcal	£5.25
GRILLED PITTA with HUMMUS, TOASTED DUKKA & ROASTED GARLIC OIL (ve) (n) 661 kcal	£5.95

EGO SHARING BOARD

£17.95

Calamari fritti, chorizo & halloumi skewers, salmon fishcakes, spiced falafel, grilled pitta, tzatziki, hummus, aioli & red pepper tapenade 1731 kcal

STARTERS

SOUP DU JOUR (v)	£6.95
Soup of the day served with fresh bread 553 kcal	
CHORIZO FRITO AL VINO	£7.95
Braised in red wine, garlic, rosemary & thyme served with toasted baguette 814 kcal	
GARLIC MUSHROOMS (v)	£7.95
Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted baguette 531 kcal	
PANKO CRUMBED IBERIAN BELLY PORK (n)	£8.25
Black pudding, toasted walnuts, mixed leaves & apple mayonnaise 818 kcal	
CALAMARI FRITTI	£8.45
Paprika floured squid rings, aioli & fresh lemon 546 kcal	
GRILLED GOAT'S CHEESE (v)	£8.25
Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 604 kcal	
SALMON FISHCAKE	£9.45
Soft poached egg, lemon & dill hollandaise and mixed leaves 898 kcal	
GAMBAS AL PIL PIL	£8.95 / £12.95
7 or 12 King prawns pan fried with garlic & guindilla chillies, toasted bread 895 kcal / 950 kcal	
BREADED CAMEMBERT (v)	£8.45
Panko breaded Camembert with mixed dressed leaves & cranberry compote 658 kcal	
MOULES MARINIÈRES	£10.95
Fresh rope mussels, shallots, parsley & garlic in white wine cream served with fresh baguette 645 kcal	
CHICKEN LIVER & ROSEMARY PÂTÉ	£7.45
Clarified butter & pink peppercorns, toasted baguette & Maria's chilli tomato marmalade 587 kcal	

MAIN COURSES

LEMON CHICKEN MILANESE	£18.45
Rocket, sun blushed tomato & Grana Padano salad, lemon caper chilli dressing and skin-on fries 1552 kcal	
PAN-FRIED SEA BASS FILLETS	£19.95
With roasted chorizo, cherry tomatoes, red onion, sautéed new potatoes & rocket 987 kcal	
COURGETTE & SWEETCORN FRITTERS (ve) (n)	£16.95
Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus, & toasted dukka 481 kcal	
MOROCCAN LAMB (n)	£19.95
Slow cooked spiced lamb with Moroccan vegetables, fruity couscous, flaked almonds, tzatziki & toasted pitta bread 1365 kcal	
SLOW COOKED BEEF BOURGUIGNON	£19.95
Served with pommes purée, pancetta wrapped green beans & root vegetable crisps 1423 kcal	
MOROCCAN FALAFEL (v) (n)	£16.95
Spiced vegetables, fruity couscous, flaked almonds, tzatziki & toasted pitta bread 772 kcal	
PAN-ROASTED COD SUPRÊME	£19.95
Crushed new potatoes, with buttered greens beans & white wine cream 1074 kcal	
TRADITIONAL GREEK SALAD (v)	£16.95
Greek feta from Trikala PDO, cherry, plum & sun blushed tomatoes, Kalamata olives, red onion, cucumber, piquillo peppers, capers, oregano 546 kcal	
with GRILLED LEMON CHICKEN 1131 kcal	+£3
SIDES	
SKIN-ON FRIES 416 kcal	£3.45
TRUFFLE & GRANA PADANO FRIES 598 kcal	£4.95
SWEET POTATO FRIES 636 kcal	£4.95
HALLOUMI FRIES with CHILLI HONEY 356 kcal	£5.25
GRATIN DAUPHINOISE 316 kcal	£4.95
GREEK SALAD 293 kcal	£4.95
TENDERSTEM BROCCOLI, LEMON & CHILLI, TOASTED ALMONDS (n) 106 kcal	£4.45
BUTTERED GREEN BEANS 97 kcal	£3.95
MEDITERRANEAN VEGETABLES & PESTO (n) 312 kcal	£4.95
ROCKET & GRANA PADANO SALAD 159 kcal	£4.95

CHARGRILLED KEBABS

All skewered with red onion, courgette & peppers with mixed leaf salad, tzatziki & tortillas

HANGING MIXED KEBAB 300g Piri-piri chicken, chorizo, lamb rump & belly pork 1837 kcal	£24.95
HANGING PIRI-PIRI CHICKEN & CHORIZO 250g Piri-piri chicken & chorizo 1582 kcal	£20.95
HANGING PIRI-PIRI CHICKEN 200g Piri-piri chicken 1046 kcal	£18.95
CYPRIOT HALLOUMI (v) Lemon caper chilli dressing 1391 kcal	£19.95
Truffle & Grana Padano fries	£4.95
Skin-on fries	£3.45
Sweet potato fries	£4.95
Halloumi fries with chilli honey	£5.25

STEAK FRITES

All chargrilled and served with grilled vine plum tomato, sautéed flat mushroom, dressed rocket & skin-on fries

227g SIRLOIN 936 kcal	£23.95
227g PRIME RUMP 979 kcal	£21.95
170g FILLET 883 kcal	£28.95
280g RIBEYE 1089 kcal	£27.95
Swap to truffle & Grana Padano fries	+£1.50
Swap to sweet potato fries	+£1.50
Garlic butter 155 kcal	£1.50
Peppercorn sauce 119 kcal	£2.00
King prawn skewers 177 kcal	£3.95

STONEBAKED SOURDOUGH PIZZA

MARGHERITA (v) Tomato, mozzarella, fresh basil 788 kcal	£11.95
CHARGRILLED CHICKEN Roquito pepper pearls, red onion, tomato & mozzarella 909 kcal	£13.95
GOAT'S CHEESE & CARAMELISED ONION (v) Roasted Mediterranean vegetables & fresh rocket 1317 kcal	£12.95
PEPPERONI PICCANTE Tomato, mozzarella, pepperoni, sliced red chillies 1182 kcal	£13.95
CREATE YOUR OWN PIZZA Add any 3 pizza toppings from above or listed below to a Margherita: 980 kcal King prawns / Black olives / Chorizo / Pancetta Mushrooms / Serrano ham / Artichokes / Pineapple	£14.95

SUNDAY ROASTS Available all day 2 Courses £20.95 / 3 Courses £24.95

STARTERS

SOUP DU JOUR (v) Soup of the day served with fresh bread 553 kcal
GARLIC MUSHROOMS (v) (ve*) Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted baguette 531 kcal
PANKO CRUMBED IBERIAN BELLY PORK (n) Black pudding, toasted walnuts, mixed leaves & apple mayonnaise 818 kcal
GAMBAS AL PIL PIL (+£1.50) 7 King prawns pan fried with garlic & guindilla chillies, served with toasted bread 895 kcal
GRILLED GOAT'S CHEESE (v) Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 604 kcal
CHICKEN LIVER & ROSEMARY PÂTÉ Clarified butter & pink peppercorns, toasted baguette & Maria's chilli tomato marmalade 587 kcal

MAIN COURSES

TRIO OF ROASTS (+£4) Rump of beef, pork fillet & roast chicken with pork, sage & onion stuffing 1194 kcal
AGED PRIME RUMP OF BEEF Served pink with horseradish sauce 1193 kcal
PAN-ROASTED PORK FILLET Wrapped in Serrano ham, served with sage & onion stuffing and apple sauce 1145 kcal
PAN-ROASTED CHICKEN SUPRÊME Served with pork, sage & onion stuffing, & cranberry sauce 1126 kcal
ROAST MINTED LAMB RUMP (+£4) Served pink with mint sauce 1229 kcal
SUN-DRIED TOMATO NUT ROAST (v) (n) (ve*) Chopped walnuts, button mushrooms, sunflower seeds, sundried tomatoes, fennel, basil & tarragon 1029 kcal

All served with roast potatoes, Yorkshire pudding, roasted carrots & parsnips, braised red cabbage, green beans and homemade gravy.

SIDE ORDERS

CAULIFLOWER CHEESE to SHARE 400 kcal	£4.95
PIGS IN BLANKETS 478 kcal	£4.95
GRATIN DAUPHINOISE 316 kcal	£4.95
ROAST POTATOES 256 kcal	£3.95
YORKSHIRE PUDDING 75 kcal	£1.00

DESSERTS

Choose any dessert from our dessert menu

CHILDREN'S ROASTS 2 Courses £12.95

A junior version of Roast Beef, Chicken or Nut Roast plus a dessert.



JOIN THE EGO CLUB TODAY

Ask one of the team about joining the Ego Club for exclusive offers & Ego news.

If you would like any dietary or allergen information or to see our
Gluten Free & Vegan menus, please just ask our team.

Due to the presence of nuts in some products, there is a small possibility
that nut traces may be found in any of our menu items.

The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal.

For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.

(v) vegetarian (ve) vegan (n) contains nuts (gf) gluten free