

# LUNCH

MON - FRI UNTIL 4PM

## STARTERS

£4.95

### SOUP DU JOUR (ve)

Soup of the day served with fresh bread 553 kcal

### CHICKEN LIVER & ROSEMARY PÂTÉ

With clarified butter & pink peppercorns, toasted bloomer & Maria's chilli tomato marmalade 587 kcal

### CALAMARI FRITTI

Paprika floured squid rings, aioli & fresh lemon 546 kcal

### GRILLED GOAT'S CHEESE (v)

Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 604 kcal

### GARLIC MUSHROOMS (v)

Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted white bloomer 531 kcal

## MAIN COURSES

£9.95

### SALMON & DILL FISHCAKES

Skin-on fries, fresh rocket & tartare sauce 1213 kcal

### LEMON CHICKEN MILANESE

Rocket, sun blushed tomato & Grana Padano salad, lemon caper chilli dressing and skin-on fries 973 kcal

### PAN-ROASTED CHICKEN SUPRÊME

New potatoes, seasonal vegetables & wholegrain mustard cream 1160 kcal

### 170g PRIME RUMP STEAK FRITES +£2

Chargrilled & served with peppercorn sauce, grilled vine plum tomato and skin-on fries 893 kcal

### KING PRAWN & CHILLI LINGUINE

King prawns, garlic, red chilli and fresh rocket 826 kcal

### SPAGHETTI CARBONARA

Spaghetti tossed with pancetta, cream & Grana Padano 1299 kcal

### COURGETTE & SWEETCORN FRITTERS (ve)

Homemade spiced fritters, carrot, raisin & orange salad, avocado hummus, red pepper tapenade, picked coriander 691 kcal

### PEPPERONI PICCANTE PIZZA

Tomato, mozzarella, pepperoni, sliced red chillies 1182 kcal

## LIGHT BITES

£6.95

### LAMB KÖFTE WRAP

Mixed salad, avocado hummus, skin-on fries, rocket & tzatziki 1024 kcal

### FALAFEL WRAP (ve)

Mixed salad, avocado hummus, skin-on fries, rocket & tomato salsa 881 kcal

### MOROCCAN CHICKEN WRAP

Mixed salad, avocado hummus, skin-on fries, rocket & tzatziki 968 kcal

### GREEK FETA SALAD (v)

Greek feta from Trikala PDO, cherry, plum & sun blushed tomatoes, Kalamata olives, red onion, cucumber, piquillo peppers, capers, oregano 293 kcal

Swap to sweet potato fries +220 kcal +£1  
(Swap tortilla wrap to lettuce cup for 200 kcal less)

## DESSERTS

£4.95

### CLASSIC CRÈME BRÛLÉE

Sugar glazed baked vanilla pod custard 664 kcal

### WARM TRIPLE CHOCOLATE BROWNIE

Triple chocolate brownie, chocolate fudge sauce & vanilla pod ice cream 900 kcal

### SICILIAN LEMON TART

Chantilly cream & raspberry coulis 423 kcal

### STICKY TOFFEE PUDDING

Steamed sponge date pudding, toffee sauce & vanilla pod ice cream 901 kcal

### CHESHIRE FARM ICE CREAM

3 scoops of vanilla, chocolate, pistachio (n), strawberry or honeycomb 506 kcal

## EGO MINIS

£5.95

### MINI DESSERTS WITH ANY TEA OR COFFEE

#### WARM TRIPLE CHOCOLATE BROWNIE

Triple chocolate brownie, chocolate fudge sauce 380 kcal

#### CRÈME BRÛLÉE

Sugar glazed baked vanilla pod custard 358 kcal

#### STICKY TOFFEE PUDDING

Steamed sponge date pudding, toffee sauce 384 kcal

#### STRAWBERRY & PASSIONFRUIT ETON MESS

Chantilly cream, crushed meringue & strawberries 244 kcal

#### CHESHIRE FARM ICE CREAM

One scoop of vanilla, chocolate, pistachio (n), strawberry or honeycomb 308 kcal

**JOIN THE EGO CLUB TODAY** Ask one of the team about joining the Ego Club for exclusive offers & Ego news.

If you would like any dietary or allergen information or to see our Gluten Free & Vegan menus, please just ask our team. Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items. The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal. For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.

(v) vegetarian      (ve) vegan      (n) contains nuts      (gf) gluten free